

## Larkrise Farm Covid-19 Action Table

What to do If:	Action Needed By you:	Action Needed by the Farm:	When to Return to the Farm:
<p><b>You have COVID-19 (coronavirus) symptoms</b></p>	<ul style="list-style-type: none"> <li>You should not attend the Farm.</li> <li>You should book a test.</li> <li>Your whole household to self-isolate.</li> <li>You should inform Wendy or Ashley immediately about test result.</li> </ul>	<ul style="list-style-type: none"> <li>If part of a bubble the whole bubble to self-isolate while waiting for test result.</li> <li>The work area is to be sanitised.</li> </ul>	<p><b>If test is negative and you are well enough, symptom free for 48 hours and not advised to self-isolate by test and trace service.</b>  <b>The bubble can return to the Farm.</b></p>
<p><b>You test positive for COVID-19 (coronavirus)</b></p>	<ul style="list-style-type: none"> <li>You should not attend the Farm.</li> <li>You are to self-isolate for at least 10 days from when symptoms started (or from day of test if no symptoms)</li> <li>You are to inform Wendy or Ashley immediately about test results.</li> <li>Whole household to self-isolate for 14 days from day when symptoms started (or from day of test if no symptoms) -even if someone tests negative during those 14 days.</li> </ul>	<ul style="list-style-type: none"> <li>If part of a bubble the whole bubble is to self-isolate and follow guidelines.</li> <li>Follow Government guidelines for cleaning in non-healthcare settings outside the home.</li> <li>If there are two or more staff/students test positive within 14 days of each other the farm is to close and follow advice from Public Health.</li> </ul>	<p><b>When you feel better and have been without a fever for at least 48 hours.</b></p> <p>You can return to the Farm after 10 days even if you have a cough or loss of smell/ taste. These symptoms can last for several weeks once the infection is gone.</p>
<p><b>If somebody in your household has COVID-19 (coronavirus) symptoms</b></p>	<ul style="list-style-type: none"> <li>You should not attend the Farm.</li> <li>Household member with symptoms should book a test.</li> <li>Whole household to self-isolate while waiting for test result.</li> <li>You should inform Wendy or Ashley immediately about test results.</li> </ul>	<ul style="list-style-type: none"> <li>If part of a bubble the whole bubble to self-isolate while waiting for test result.</li> <li>The work area is to be sanitised.</li> </ul>	<p><b>When household member test is negative, and you do not have COVID-19 symptoms and if you have not been advised to self-isolate by test and trace services.</b></p>
<p><b>If somebody in your household has tested positive for COVID-19 (coronavirus)</b></p>	<ul style="list-style-type: none"> <li>You should not attend the farm.</li> <li>Whole household to self-isolate for 14 days from day when symptoms started (or from day of test if no symptoms) - even if someone tests negative during those 14 days.</li> <li>You should inform Wendy or Ashley immediately about test results.</li> </ul>	<ul style="list-style-type: none"> <li>If part of a bubble the whole bubble is to self-isolate and follow guidelines.</li> <li>Follow Government guidelines for cleaning in non-healthcare settings outside the home.</li> </ul>	<p><b>When you have completed 14 days of self-isolation without symptoms. You must self-isolate for 14 days even if they test negative during that time.</b></p>

<b>What to do If:</b>	<b>Action Needed By you:</b>	<b>Action Needed by the Farm:</b>	<b>When to Return to the Farm:</b>
<b>NHS Test and Trace has identified you as a 'close contact'</b>	<ul style="list-style-type: none"> <li>You should not attend the Farm.</li> <li>You are to self-isolate for 14 days (as advised by NHS Test and Trace)–even if they test negative during those 14 days.</li> <li>Rest of household does not need to self-isolate unless they are also a 'close contact'.</li> </ul>	<ul style="list-style-type: none"> <li>If part of a bubble the whole bubble to self-isolate while waiting for test result.</li> <li>The work area is to be sanitised.</li> </ul>	<b>When you have completed 14 days of self-isolation without symptoms. You must self-isolate for 14 days even if you test negative during that time.</b>
<b>You have been in contact with someone who has been identified as a 'close contact'</b>	<ul style="list-style-type: none"> <li>You should attend the Farm as normal.</li> <li>If you do not have any COVID-19 symptoms you should carry on with normal activities.</li> </ul>	<ul style="list-style-type: none"> <li>No action required.</li> </ul>	<b>You should attend the Farm as usual.</b>
<b>You have travelled abroad and have to self-isolate.</b>	<ul style="list-style-type: none"> <li>You should not attend the Farm.</li> <li>Whole household to self-isolate for 14 days – even if they test negative during those 14 days.</li> </ul> <p><b>Travel reminders:</b></p> <ul style="list-style-type: none"> <li>You should not attend the Farm. Consider quarantine requirements and FCO advice when booking travel.</li> </ul>	<ul style="list-style-type: none"> <li>No action required.</li> </ul>	<b>When the quarantine period of 14 days has been completed, even if you test negative during those 14 days.</b>
<b>You have been told by a medical / official source and received a shielding notification you should follow their advice.</b>	<ul style="list-style-type: none"> <li>You should not attend the Farm.</li> <li>You should contact Wendy or Ashley.</li> <li>You should follow the advice given to you in your shielding notification letter.</li> </ul>	<ul style="list-style-type: none"> <li>Review individual Covid-19 risk assessment.</li> </ul>	<b>When agencies inform you that restrictions have been lifted and you can return to the Farm again.</b>

# **What is an Outbreak**

## **What is an outbreak?**

An outbreak of an infectious disease is when there are more people with the disease than you might normally expect. The outbreak can be in a local area, or in a setting like a workplace or school. The criteria for declaring an outbreak can be slightly different depending on the setting.

## **What is a workplace COVID-19 outbreak?**

A COVID-19 outbreak in the workplace is declared when there are two or more staff members testing positive within 14 days of each other. The staff members must either have been in close contact in work or any activity/travel related to work, or there must be nowhere else they could have become infected. If the staff have not been in close contact, or they probably became infected outside of work, this is called a COVID-19 cluster.

## **Why does an outbreak matter?**

If the outbreak is not controlled, the number of people getting infected will increase very quickly. Although most people will only have a mild illness, some may have worse symptoms and could need hospital treatment. Having several members of staff off sick or self-isolating at the same time, could have a very big impact on the business. It is also possible that the workplace outbreak could spread into other settings or the wider community.

## **When is an outbreak over?**

If 28 days pass without any new cases of COVID-19 in staff members, the outbreak is declared over. Clusters are finished after 14 days with no new cases.